



Core Essentials Program (CEP) Sample Schedule

Please note: This is a sample schedule and not a duplicate of courses being offered. For confirmation on any courses, date, times, etc. please contact admissions with any questions you may have. All course times are in New York Eastern Time.

Time (NY Eastern Time)	Courses	# of classes	Duration (minutes)
Jan 02 2006 9:00 AM	CE-216 Strategizing	4	60
Jan 02 2006 10:00 AM	CE-210 Listening	4	60
Jan 02 2006 1:00 PM	CE-225 Core Skills Practice Lab	8	60
Jan 02 2006 3:00 PM	CE-110 New Coach Orientation	4	60
Jan 02 2006 4:00 PM	CE-214 Questioning	4	60
Jan 02 2006 5:00 PM	CE-325 Coaching Services Packet Project Lab	4	60
Jan 02 2006 7:00 PM	CE-212 Language	4	60
Jan 02 2006 8:00 PM	CE-315 Application Practice Lab	8	60
Jan 02 2006 10:00 PM	CE-120 Guiding Principles	4	60
Jan 03 2006 4:00 AM	CE-130 Context for Coaching	4	60
Jan 03 2006 8:00 AM	CE-218 Messaging	4	60
Jan 03 2006 11:00 AM	CE-110 New Coach Orientation	4	60
Jan 03 2006 1:00 PM	CE-212 Language	4	60
Jan 03 2006 2:00 PM	CE-310 Situational Coaching	4	60
Jan 03 2006 4:00 PM	CE-216 Strategizing	4	60
Jan 03 2006 5:00 PM	CE-315 Application Practice Lab	8	60

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Time (NY Eastern Time)	Courses	# of classes	Duration (minutes)
Jan 03 2006 6:00 PM	CE-101 CoachInc.com 101	1	60
Jan 03 2006 7:00 PM	CE-130 Context for Coaching	4	60
Jan 03 2006 9:00 PM	CE-220 Acknowledging	4	60
Jan 04 2006 7:00 AM	CE-120 Guiding Principles	4	60
Jan 04 2006 9:00 AM	CE-225 Core Skills Practice Lab	8	60
Jan 04 2006 11:00 AM	CE-320 Establishing Yourself As a Coach	8	60
Jan 04 2006 3:00 PM	CE-220 Acknowledging	4	60
Jan 04 2006 4:00 PM	CE-218 Messaging	4	60
Jan 04 2006 8:00 PM	CE-410 Coach's Personal Foundation - Level 1	8	60
Jan 04 2006 9:00 PM	CE-214 Questioning	4	60
Jan 05 2006 8:00 AM	CE-325 Coaching Services Packet Project Lab	4	60
Jan 05 2006 9:00 AM	CE-130 Context for Coaching	4	60
Jan 05 2006 2:00 PM	CE-320 Establishing Yourself As a Coach	8	60
Jan 05 2006 7:00 PM	CE-210 Listening	4	60
Jan 05 2006 8:00 PM	CE-310 Situational Coaching	4	60
Jan 05 2006 10:00 PM	CE-225 Core Skills Practice Lab	8	60
Jan 07 2006 10:00 AM	CE-410 Coach's Personal Foundation - Level 1	8	60
Jan 09 2006 2:00 PM	CE-101 CoachInc.com 101	1	60

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Jan 17 2006 9:00 PM	CE-101 CoachInc.com 101	1	60
Jan 19 2006 9:00 AM	CE-101 CoachInc.com 101	1	60
Jan 23 2006 2:00 PM	CE-101 CoachInc.com 101	1	60